

January 2018

January Wallingford High Schools



Daily Alternative Sides

Assorted Chilled Fruit WG Assorted Pizza
 Assorted Hot & Cold Sandwiches Salad of the Day
NEW: Panini Sandwiches / Wed & Thurs

\$3.05 Meal / Reduced \$0.40 Menu Is Subject To Change. USDA is an equal opportunity provider and employer



My Payments Plus information. Registration & Information
<https://www2.mypaymentsplus.com/welcome>

(OVER)

Monday

Tuesday

Wednesday

Thursday

Friday

1
 Holiday Closed

2
 Professional Dev Day

3
 "Spud Nachos"
 (potato, ground Beef, broccoli,
 Cheese sauce) or
 Spicy Chicken Patty
 Steamed Broccoli
 Crispy Chicken Salad w/ Roll

4
 Lasagna Roll-Up served with sa
 Texas Toast
 Steamed Corn
 Crispy Chicken Salad w/ Roll

5
 Assorted Pizza's or
 BBQ Chicken
 Romaine Salad
 Crispy Chicken Salad w/ Roll

8
Hot Dog Bar:
 All Beef Hot Dog, Chili & Cheese
 Smokey Baked Beans or
 Meatball Sub w/ Mozzarella
 Chef Salad w/ Roll

9
 Rodeo Cheeseburger
 (onion ring, cheese)
 Roasted Potato Wedges
 Romaine Salad
 Chef Salad w/ Roll

10
 Pasta with Meatballs
 WG Texas Toast
 Or Flame Broiled Beef Patty
 Roasted Fresh Green Beans
 Chef Salad w/ Roll

11
 BBQ Roast Chicken with
 Mashed Potatoes / Gravy, Dinner Roll
 Glazed Carrots or
 Beef Hot Dog
 Chef Salad w/ Roll

12
 Mac & Cheese w/ Texas Toast or
 Flame Broiled Beef Patty
 Steamed Broccoli Spears
 Chef Salad w/ Roll

15
 Martin Luther King Day
 Closed

16
 Baked Chicken
 Tenders
 Baked Sweet Potato Waffle
 Fries or
 Meatball Grinder w/ Mozzarella
 Grilled Chicken Caesar Salad

17
 "Walking Taco"
 w/ Toppings
 Seasoned Beans or
 Spicy Chicken Patty
 Grilled Chicken Caesar Salad

18
 Baked Fried Dough w/ Sauce
 Steamed Broccoli Spears Or Flame Broiled
 Beef Patty
 Grilled Chicken Caesar Salad

19
 General Tso Chicken
 over
 Rice in a Chinese Carton or
 Beef Hot Dog
 Roasted Broccoli Trees
 Grilled Chicken Caesar Salad

22
 Jamaican Beef Patty
 Rice & Beans or
 Meatball Grinder w/ Mozzarella

23
Grilled Chicken Breast Bar:
 Assorted Toppings, Steamed Broccoli
 Crispy Chicken Salad

24
 Meatloaf & Cheese Sandwich
 Sweet Potato Tater Tots
 Panini Sandwich of the Day
 Crispy Chicken Salad w/ Roll

25
Mashed Potato Bowl: Popcorn Chicken
 Potato, Corn and Gravy, Dinner Roll,
 Crispy Chicken Salad

26
 Meatball Sub
 w/ Mozzarella
 Steamed Green Beans
 Spicy Chicken Patty
 Crispy Chicken Salad

29
 Baked Chicken Parm Sandwich
 Baked Oven Fries, Romaine Salad

30
 "Spud Nachos"
 (potato, ground Beef, broccoli,
 Cheese sauce) or
 Steamed Broccoli

31
 Pasta with Meatballs
 WG Texas Toast
 Or Flame Broiled Beef Patty
 Roasted Fresh Green Beans

