

Dear Parents/Guardians:

James H. Moran, Sr. Middle School is excited to announce that the first session of our After-School Activities Program will be starting soon. Our Spring 2019 session will be starting the week of March 25th or April 1st. In order to assist you in planning for your child's activity, I would appreciate it if you would take the time to read the items below. If you have any questions, please feel free to contact me at Moran. The number where you can reach me is (203) 741-2900. As a reminder, a nurse will **not** be available for these activities, so if your child has any medical issues please make arrangements with the advisor running the activity. Thank you.

- ✓ The activities will be run 1-2 days per week for a 6-week session.
 - Specific days will be determined by the advisors.
- ✓ The activities will be supervised by Moran staff members.
- ✓ Participation is completely voluntary.
- ✓ A late bus (shared with Sheehan) will be provided on Tuesdays *and* Thursdays.
 - Students must sign up prior to 11:00 a.m. each day
- ✓ All school rules apply during after-school activities.
- ✓ Parent permission will be required for students to participate.
- ✓ Activities will be filled on a first-come, first-serve basis.

Below is a list of activities Moran is going to offer. Please have your child list the top one or two activities that they are interested in. Have him/her number them in order of which they would most like to do (**1** being their **top** choice). This will not be a guarantee that they are enrolled in this activity, but will help us to decide which we will offer. Please return this form no later than Monday, March 25th.

____: **Cooking & Crafts** (Dysinger) (Tuesday & Thursday)

- As a group, students are able to select food preparation and craft activities that peak their interests and abilities. The projects may include items such as Strawberry Shortcake, soft pretzels, pizza, pet treats, baked goods, and craft items that may have special holiday significance. (ex. Mother's Day) (max 20 students)

____: **Literature and Film** (Masciana) (Monday and Wednesday)

- This club will be for students who have an interest in the connection between literature and film productions of the same title. Students will do a combination of reading novels (whole novels and excerpts) and watching the film version. We will compare and contrast the differences, discuss film techniques such as sound, lighting, and special effects, and even look at historical accuracy. A full list of novels and films will be voted on at the first club meeting and sent home to parents for permission. Snacks encouraged!!!

____: **Promote Reading Club** (Musket) (Tuesday)

- Students will promote reading at Moran Middle School and in the Wallingford community. Club members will plan school-wide reading-related activities and incentives, write book reviews, assist with the book fair, read to younger students and help run events with the Wallingford Public Library. This club runs all year. See Mrs. Musket for more information.

____: **Drones** (Riggs) (Tuesday)

- Students will work in teams of three to assemble and fly a drone. (max 12 students)

____: **Board Games, Legos & K'Nex Fun!** (Musket) (Monday - Begins April 1)

- Enjoy some fun playing board games and creating with your friends in the library media center.

____: **Robotics Club** (Robbins) (Tuesday)

- Do you like programming robots? Do you like computer programming? Students will have lots of fun learning how to program Dash, Dot, Spheros, and Ozobot robots. They will also sample a variety of computer coding apps.. (Max 10 students)

____: **Guided Meditation** (DeGennaro) (Thursday)

- Students will be guided through breathing and visualization exercises to help settle the busy mind and tense body. Anyone can learn how to meditate. No prior experience necessary. Yoga mats will be provided for each student. Soothing sounds (water fountain, crystal bowl, and drum) will also be used during the Meditations. (Max 10 students)

____: **Color Guard** (Brandl) (Tuesday)

- Do you want to march in the Memorial Day parade? Join the Moran Color Guard. Learn a routine and march with the Moran Marching Band down Main Street on Memorial Day.

____: **Varsity Choir** (Brandl) (Thursday)

- Please see Ms. Brandl for the description as well as your commitment requirements

____: **Mountain Bike Club** (Samuel) (Monday & Wednesday)

- Please see Mr. Samuel for description, waiver, and commitment and competition requirements.

____: **Strength & Cardio** (Venezia) (Tuesday & Thursday)

- For the physically active student. Start with dynamic stretching. Next, it's 15 minutes of strength exercises followed by 15 minutes of cardio. Use your own body weight and/or light dumbbells to perform various strength exercises on Tuesdays (upper body) and on Thursdays (lower body). Proper form and safety are taught before each exercise. Gym attire & sneakers a must. Join us! (max 10 students)

Student's Name: _____

Homeroom: _____

Grade: _____

Parent/Guardian Signature: _____