

Wallingford Schools

April 2026



Lunch Price \$3.45

\$.40 for those eligible for reduced priced lunch, and free for those eligible for free lunch

Lyman and Sheehan High School Lunch Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Nuggets! BBQ Dipping Sauce Whole Grain Dinner Roll Baked Potato Wedges or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">30</p>	Loaded Potato Wedges! With Chicken Taco Meat, Broccoli, Cheese Sauce & Sour Cream! Whole Grain Dinner Roll or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">31</p>	Breaded Mozzarella Sticks! Marinara Sauce Fresh Cucumber & Tomato Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">1</p>	Cheese Pizza Bagel! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk <p style="text-align: right;">2</p>	Good Friday!
<i>Daily Alternates:</i> Fresh Made Pizza of the Day Fresh Made Hot or Cold Sandwich Fresh Made Chef Salad				
Popcorn Chicken Bites! Honey Mustard Dipping Sauce Garlic Bread Stick Baked Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">6</p>	Walking Taco! Chicken Taco Meat, Lettuce, Tomato, Salsa, Cheese & Sour Cream over Whole Grain Doritos Mexican Corn or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">7</p>	Cheese Stuffed Shells! Marinara Sauce Texas Toast Garlic Bread Fresh Made Tomato & Cucumber Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">8</p>	General Tso's Chicken! Fried Rice Fresh Cut Red pepper Strips or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">9</p>	Stuffed Crust Pizza Slice! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">10</p>
<i>Daily Alternates:</i> Fresh Made Pizza of the Day Fresh Made Hot or Cold Sandwich Fresh Made Chef Salad				
<h2>Spring Break!</h2>				
PizzaBoli Calzone! Mozzarella Cheese and Pizza Sauce Wrapped in a Golden Sicilian Crust Tuscan Bean Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">20</p>	Mega Mini Chicken Chunks! Chicken Dipping Sauce Whole Grain Dinner Roll Baked Spiral Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">21</p>	Mac & Cheese! Texas Toast Garlic Bread Steamed Broccoli or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">22</p>	French Toast Sticks! With Syrup Chicken Sausage Patties Sweet Potato Fries or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk <p style="text-align: right;">23</p>	Pizza Cheese Crunchers! Mozzarella Cheese and Pizza Sauce inside a Whole Grain Bread Coating! Fresh Cut Cucumbers or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk <p style="text-align: right;">24</p>
<i>Daily Alternates:</i> Fresh Made Pizza of the Day Fresh Made Hot or Cold Sandwich Fresh Made Chef Salad				
Whole Grain Breaded Chicken Tenders! Chicken Dipping Sauce Whole Grain Garlic Knot Roll Baked Tator Square Fries Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">27</p>	Loaded Tator tots! With Chicken Taco Meat, Broccoli, Cheese Sauce & Sour Cream! Whole Grain Dinner Roll Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">28</p>	Pizza Bites! Whole Grain Baked Pizza Dough Pockets Filled with Mozzarella Cheese and Served with Pizza Sauce Rockin Bean Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">29</p>	Open Faced Turkey Sandwich on Wheat Bread with Gravy! Onion Ring Garnish Sweet Potato Waffle Fries or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk <p style="text-align: right;">30</p>	Fried Dough Pizza! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk <p style="text-align: right;">1</p>
<i>Daily Alternates:</i> Fresh Made Pizza of the Day Fresh Made Hot or Cold Sandwich Fresh Made Chef Salad				

Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals. Milk choices include Non-fat Chocolate, Skim, or 1%.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at

jbondi@wallingfordschools.org

This Organization is an Equal Opportunity Employer!