

Wallingford Schools

March 2026



Lunch Price \$3.35

\$.40 for those eligible for reduced priced lunch, and free for those eligible for free lunch

Dag and Moran Middle School Lunch Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Chicken Egg Roll with Chicken and Vegetable Dumplings! Orange Dipping Sauce Stir Fry Vegetables or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk Fortune Cookie! <p style="text-align: right;">2</p>	Crispy Chicken Patty on A Whole Grain Roll! Boom Boom Sauce Sweet Potato Wedges or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk <p style="text-align: right;">3</p>	Mac & Cheese! Texas Toast Garlic Bread Steamed Broccoli or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">4</p>	Chicken & Waffle! Breaded Chicken Fingers with Whole Grain Waffle Dipping Syrup Baked Tator Tots or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk <p style="text-align: right;">5</p>	Whole Grain Pizza Twisty Sticks! Pizza Dipping Sauce Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">6</p>	
Daily Alternates: WG Bagel Meal WG Cereal Meal Pizza Meal Ham & Cheese Chef Salad					
Southern Fried Chicken! Corn Bread Baked Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">9</p>	Taco Nachos! Chicken Taco Meat over Whole Grain Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Mexican Corn or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">10</p>	Professional Development Day!		Cheeseburger on a Whole Grain Roll! Baked Crinkle Cut Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">12</p>	Fried Dough Pizza! Tossed Garden Salad Or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk <p style="text-align: right;">13</p>
Daily Alternates: WG Bagel Meal WG Cereal Meal Crispy Chicken Patty Meal Crispy Chicken Chef Salad					
Far East Popcorn Chicken! Whole Grain Breaded Popcorn Chicken with Orange Sauce Served over Fried Rice Far East Vegetables or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk Fortune Cookie! <p style="text-align: right;">16</p>	St. Patrick Day Lunch! Golden Breaded Chicken Fingers with Mashed Potato & Gravy Whole Grain Dinner Roll Fresh Green Pepper Strips With Light Ranch Dip or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk <p style="text-align: right;">17</p>	Meatball Grinder! Meatballs in Marinara Sauce, Nestled in A Whole Grain Grinder Roll Tuscan Bean Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">18</p>	Bacon, Egg & Cheese On a Whole Grain Croissant! Sweet Potato Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">19</p>	Individual Cheese Pizza! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">20</p>	
Daily Alternates: WG Bagel Meal WG Cereal Meal Cheeseburger Meal Turkey & Cheese Chef Salad					
Steak & Cheese on a Whole Grain Hard Roll! Baked Spiral Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">23</p>	Whole Grain Breaded Chicken Drumsticks! Chicken Dipping Sauce Whole Grain Garlic Knot Roll Baked Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">24</p>	Baseball Opening Day! Beef Hotdog on a Whole Grain Bun Baked Tator Square Fries with Cheese Sauce or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk <p style="text-align: right;">25</p>	French Toast Sticks! With Syrup Chicken Sausage Patties Fresh Grape Tomato or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk <p style="text-align: right;">26</p>	Pizza Sticks! Bread Sticks Stuffed with Mozzarella Cheese and Topped with Pizza Sauce! Green Leaf Tossed Garden Salad or fresh Veggie Choice Fresh & Chilled Fruit Choices, Choice of Milk <p style="text-align: right;">27</p>	
Daily Alternates: WG Bagel Meal WG Cereal Meal Spicy Chicken Patty Meal Mozzarella Cheese Chef Salad					
Chicken Nuggets! BBQ Dipping Sauce Whole Grain Dinner Roll Baked Potato Wedges or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">30</p>	Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli or or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">31</p>	Spicy Chicken Patty on a Whole Grain Hard Roll! Fresh Cucumber & Tomato Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk <p style="text-align: right;">1</p>	Cheese Pizza Bagel! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk <p style="text-align: right;">2</p>	Good Friday!	
Daily Alternates: WG Bagel Meal WG Cereal Meal Hotdog Meal Pepperoni & Cheddar Chef Salad					

Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals. Milk choices include Non-fat Chocolate, Skim, or 1%.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at

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