





Wallingford Schools

Elementary School Breakfast Menu- November 2023

All School Breakfast Meals are Free of Charge through the End of the School Year.

Menu is subject to change due to ongoing supply chain issues

Breakfast is Not Served on Delayed Opening Days!

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p>Chocolate Chip Muffin Flat!</p> <p>100% Fruit Juice Choice of Milk</p> <p>30</p>	<p>Honey Wheat Breakfast Bar!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>31</p>	<p>Apple Breakfast Bun!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>1</p>	<p>Breakfast Donut Sticks!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>2</p>	<p>Oatmeal Chocolate Chip Breakfast Bar!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>3</p>
<p>Cinnamon Breakfast Crumb Cake!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>6</p>	 <p>Election Day</p>	<p>Banana Chocolate Breakfast Bar!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>8</p>	<p>Oatmeal Chocolate Breakfast Round!</p> <p>100% Fruit Juice Choice of Milk</p> <p>9</p>	 <p>VETERANS DAY</p>
<p>Pumpkin Breakfast Bread!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>13</p>	<p>Mini Bagels With Strawberry Cream Cheese!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>14</p>	<p>Cinnamon Breakfast Bar!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>15</p>	<p>Whole Grain Cinnamon Pop Tart!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>16</p>	<p>French Toast Breakfast Bar!</p> <p>100% Fruit Juice Choice of Milk</p> <p>17</p>
<p>Blueberry Breakfast Bread!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>20</p>	<p>Chocolate Breakfast Crescent Bun!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>21</p>	<p>Cinnamon Breakfast Bun!</p> <p>100% Fruit Juice Choice of Milk</p> <p>22</p>	 <p>Happy Thanksgiving</p>	
<p>Banana Breakfast Bread!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>27</p>	<p>Apple Frudel!</p> <p>100% Fruit Juice Choice of Milk</p> <p>28</p>	<p>Cinnamon Breakfast Bun!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>29</p>	<p>Blueberry Muffin!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>30</p>	<p>Lemon Breakfast Bread!</p> <p>Fresh Whole Fruit Choice of Milk</p> <p>1</p>

All Daily Breakfast menus meet the USDA School breakfast Program 5 Day meal pattern for grades Pre K-5. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup Milk choices include Non-fat Chocolate, 1% White, or Skim. Preschool is offered 1% white milk only.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at jbondi@wallingfordschools.org