

# Wallingford Schools

## October 2024


Breakfast Price \$2.00



Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free meals

## Elementary School Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><b>Apple Breakfast Roll!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">30</p>	<p><b>Pumpkin Breakfast Bread!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">1</p>	<p><b>Whole Grain Chocolate Chip Muffin!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">2</p>	<p><b>Breakfast Donut Sticks!</b></p> <p>Chilled Fruit Juice Choice of Milk</p> <p style="text-align: right;">3</p>	<p><b>Oatmeal Chocolate Breakfast Round!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">4</p>
<p><b>Berry Apple Crisp Breakfast Bar!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">7</p>	<p><b>Cinnamon Breakfast Bun!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">8</p>	<p><b>Whole Grain Blueberry Muffin!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">9</p>	<p><b>Whole Grain Cinnamon Pop Tart!</b></p> <p>Chilled Fruit Juice Choice of Milk</p> <p style="text-align: right;">10</p>	<p><b>Goody Breakfast Bun!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">11</p>
	<p><b>Whole Grain Banana Breakfast Bread!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">15</p>	<p><b>Apple Frudel!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">16</p>	<p><b>Cinnamon Breakfast Crumb Cake!</b></p> <p>Chilled Fruit Juice Choice of Milk</p> <p style="text-align: right;">17</p>	<p><b>Sweet Potato Breakfast Bun!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">18</p>
<p><b>Mini Bagels with Strawberry Cream Cheese!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">21</p>	<p><b>Whole Grain Lemon Breakfast Bread!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">22</p>	<p><b>Chocolate Chip Oatmeal Breakfast Bar!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">23</p>	<p><b>Whole Grain Glazed Breakfast Donut!</b></p> <p>Chilled Fruit Juice Choice of Milk</p> <p style="text-align: right;">24</p>	<p><b>Whole Grain Strawberry Pop Tart!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">25</p>
<p><b>Whole Grain Apple Cinnamon Muffin!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">28</p>	<p><b>Honey Wheat Breakfast Bar!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">29</p>	<p><b>Whole Grain Blueberry Breakfast Bread!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">30</p>	<p><b>Strawberry Oatmeal Breakfast Bar!</b></p> <p>Chilled Fruit Juice Choice of Milk</p> <p style="text-align: right;">31</p>	<p><b>Cinnamon Breakfast Round!</b></p> <p>Fresh Whole Fruit or Sliced Apples Choice of Milk</p> <p style="text-align: right;">1</p>

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre K-5. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup  
Milk choices include Non-fat Chocolate, or 1% White. Preschool is offered 1% white milk only.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at [jbondi@wallingfordschools.org](mailto:jbondi@wallingfordschools.org)