

Wallingford Schools

October 2024


Breakfast Price \$2.10



Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free meals

Dag and Moran Middle School Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p>Apple Breakfast Roll! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>30</p>	<p>Pumpkin Breakfast Bread! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>1</p>	<p>Whole Grain Chocolate Chip Muffin! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>2</p>	<p>Breakfast Donut Sticks! Or Choice of Additional Breakfast Items!</p> <p>Choice of Fruit Juice or Fresh Fruit Choice of Milk</p> <p>3</p>	<p>Oatmeal Chocolate Breakfast Round! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>4</p>
<p>Berry Apple Crisp Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>7</p>	<p>Cinnamon Breakfast Bun! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>8</p>	<p>Whole Grain Blueberry Muffin! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>9</p>	<p>Whole Grain Cinnamon Pop Tart! Or Choice of Additional Breakfast Items!</p> <p>Choice of Fruit Juice or Fresh Fruit Choice of Milk</p> <p>10</p>	<p>Goody Breakfast Bun! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>11</p>
	<p>Whole Grain Banana Breakfast Bread! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>15</p>	<p>Apple Frudel! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>16</p>	<p>Cinnamon Breakfast Crumb Cake! Or Choice of Additional Breakfast Items!</p> <p>Choice of Fruit Juice or Fresh Fruit Choice of Milk</p> <p>17</p>	<p>Sweet Potato Breakfast Bun! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>18</p>
<p>Mini Bagels with Strawberry Cream Cheese! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>21</p>	<p>Whole Grain Lemon Breakfast Bread! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>22</p>	<p>Chocolate Chip Oatmeal Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>23</p>	<p>Whole Grain Glazed Breakfast Donut! Or Choice of Additional Breakfast Items!</p> <p>Choice of Fruit Juice or Fresh Fruit Choice of Milk</p> <p>24</p>	<p>Whole Grain Strawberry Pop Tart! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>25</p>
<p>Whole Grain Apple Cinnamon Muffin! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>28</p>	<p>Honey Wheat Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>29</p>	<p>Whole Grain Blueberry Breakfast Bread! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>30</p>	<p>Strawberry Oatmeal Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Fruit Juice or Fresh Fruit Choice of Milk</p> <p>31</p>	<p>Cinnamon Breakfast Round! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p>1</p>

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre 6-8. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup
Milk choices include Non-fat Chocolate, or 1% White.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at jbondi@wallingfordschools.org