


# Wallingford Schools

## Middle School Breakfast Menu- April 2024

**All School Breakfast Meals are Free of Charge through the End of the School Year.  
Menu is subject to change due to ongoing supply chain issues  
Breakfast is Not Served on Delayed Opening Days!**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>Cinnamon Breakfast Bun!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  1	<b>Whole Grain Blueberry Muffin!</b> Or choice of Additional Breakfast Items  Sliced Apples Choice of Milk  2	<b>Oatmeal Chocolate Chip Breakfast Round!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  3	<b>Strawberry Oatmeal Breakfast Bar!</b> Or choice of Additional Breakfast Items  100% Fruit Juice Choice of Milk  4	<b>Banana Breakfast Bread!</b> Or choice of Additional Breakfast Items  Sliced Apples Choice of Milk  5
				
<b>Breakfast Donut Sticks!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  15	<b>Cinnamon Breakfast Crumb Cake!</b> Or choice of Additional Breakfast Items  Sliced Apples Choice of Milk  16	<b>Chocolate Chip Muffin!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  17	<b>Pumpkin Breakfast Bread!</b> Or choice of Additional Breakfast Items  100% Fruit Juice Choice of Milk  18	<b>Whole Grain Strawberry Pop Tarts!</b> Or choice of Additional Breakfast Items Sliced Apples Choice of Milk  19
<b>Apple Breakfast Bun!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  22	<b>Oatmeal Chocolate Chip Breakfast Bar!</b> Or choice of Additional Breakfast Items  Sliced Apples Choice of Milk  23	<b>Blueberry Breakfast Bread!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  24	<b>Honey Wheat Breakfast Bar!</b> Or choice of Additional Breakfast Items  100% Fruit Juice Choice of Milk  25	<b>Mini Bagels with Strawberry Cream Cheese!</b>  Sliced Apples Choice of Milk  26
<b>Banana Chocolate Breakfast Bar!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  29	<b>Apple Frudel!</b> Or choice of Additional Breakfast Items  Sliced Apples Choice of Milk  30	<b>Apple Cinnamon Muffin!</b> Or choice of Additional Breakfast Items  Fresh Whole Fruit Choice of Milk  1	<b>French Toast Breakfast Bar!</b> Or choice of Additional Breakfast Items  100% Fruit Juice Choice of Milk  2	<b>Lemon Breakfast Bread!</b> Or choice of Additional Breakfast Items  Sliced Apples Choice of Milk  3

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades 6-8. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup  
Milk choices include Non-fat Chocolate, 1% White, or Skim

*Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at [jbondi@wallingfordschools.org](mailto:jbondi@wallingfordschools.org)*

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