


# Wallingford Schools

## Middle School Breakfast Menu- February 2024

All School Breakfast Meals are Free of Charge through the End of the School Year.

Menu is subject to change due to ongoing supply chain issues

Breakfast is Not Served on Delayed Opening Days!

| <u>MONDAY</u>   | <u>TUESDAY</u>   | <u>WEDNESDAY</u>  | <u>THURSDAY</u>   | <u>FRIDAY</u>  |
|---|--|---|---|--|
| <b>French Toast Breakfast Bar!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>29           | <b>Blueberry Breakfast Bread!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>30         | <b>Cinnamon Breakfast Bun!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>31         | <b>Whole Grain Blueberry Muffin!</b><br>Or choice of Additional Breakfast Items<br><br>100% Fruit Juice Choice of Milk<br><br>1           | <b>Banana Breakfast Bread!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>2           |
| <b>Lemon Breakfast Bread!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>5                 | <b>Whole Grain Chocolate Chip Muffin!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>6  | <b>Honey Wheat Breakfast Bar!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>7       | <b>Apple Breakfast Bun!</b><br>Or choice of Additional Breakfast Items<br><br>100% Fruit Juice Choice of Milk<br><br>8                    | <b>Breakfast Donut Sticks!</b><br>Or choice of Additional Breakfast Items<br>Fresh Whole Fruit Choice of Milk<br><br>9               |
| <b>Oatmeal Chocolate Chip Breakfast Bar!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>12 | <b>Cinnamon Breakfast Crumb Cake!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>13     | <b>Banana Chocolate Breakfast Bar!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>14 | <b>Cinnamon Breakfast Crumb Cake!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>15        | <b>Banana Chocolate Breakfast Bar!</b><br>Or choice of Additional Breakfast Items<br><br>100% Fruit Juice Choice of Milk<br><br>16   |
|   | <b>Oatmeal Chocolate Breakfast Round!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>20 | <b>Pumpkin Breakfast Bread!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>21        | <b>Mini Bagels, with Strawberry Cream Cheese!</b><br>Or choice of Additional Breakfast Items<br>100% Fruit Juice Choice of Milk<br><br>22 | <b>Whole Grain Strawberry Pop Tart!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>23 |
| <b>French Toast Breakfast Bar!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>26           | <b>Blueberry Breakfast Bread!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>27         | <b>Cinnamon Breakfast Bun!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>28         | <b>Whole Grain Blueberry Muffin!</b><br>Or choice of Additional Breakfast Items<br><br>100% Fruit Juice Choice of Milk<br><br>29          | <b>Banana Breakfast Bread!</b><br>Or choice of Additional Breakfast Items<br><br>Fresh Whole Fruit Choice of Milk<br><br>1           |

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre K-8. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup  
 Milk choices include Non-fat Chocolate, 1% White, or Skim

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at [jbondi@wallingfordschools.org](mailto:jbondi@wallingfordschools.org)