





Wallingford Schools

Middle School Breakfast Menu- November 2023

All School Breakfast Meals are Free of Charge through the End of the School Year.

Menu is subject to change due to ongoing supply chain issues

Breakfast is Not Served on Delayed Opening Days!

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p>Chocolate Chip Muffin Flat!</p> <p>100% Chilled Fruit Juice and Choice of Milk</p> <p>30</p>	<p>Honey Wheat Breakfast Bar!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>31</p>	<p>Apple Breakfast Bun!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>1</p>	<p>Breakfast Donut Sticks!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>2</p>	<p>Oatmeal Chocolate Chip Breakfast Bar!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>3</p>
<p>Cinnamon Breakfast Crumb Cake!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>6</p>	 <p>Election Day</p>	<p>Banana Chocolate Breakfast Bar!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>8</p>	<p>Oatmeal Chocolate Breakfast Round!</p> <p>100% Chilled Fruit Juice and Choice of Milk</p> <p>9</p>	 <p>VETERANS DAY</p>
<p>Pumpkin Breakfast Bread!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>13</p>	<p>Mini Bagels With Strawberry Cream Cheese!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>14</p>	<p>Cinnamon Breakfast Bar!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>15</p>	<p>Whole Grain Cinnamon Pop Tarts!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>16</p>	<p>French Toast Breakfast Bar!</p> <p>100% Chilled Fruit Juice and Choice of Milk</p> <p>17</p>
<p>Blueberry Breakfast Bread!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>20</p>	<p>Chocolate Breakfast Crescent Bun!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>21</p>	<p>Cinnamon Breakfast Bun!</p> <p>100% Chilled Fruit Juice and Choice of Milk</p> <p>22</p>	 <p>Happy Thanksgiving</p>	
<p>Banana Breakfast Bread!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>27</p>	<p>Apple Frudel!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>28</p>	<p>Cinnamon Breakfast Bun!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>29</p>	<p>Blueberry Muffin!</p> <p>Fresh & Chilled Fruit Choices and Choice of Milk</p> <p>30</p>	<p>Lemon Breakfast Bread!</p> <p>100% Chilled Fruit Juice and Choice of Milk</p> <p>1</p>

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre K-8. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup Milk choices include Non-fat Chocolate, 1% White, or Skim

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at jbondi@wallingfordschools.org