

# Wallingford Schools

## September 2024

Breakfast Price \$2.10



Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free meals

## Dag and Moran Middle School Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p>Welcome Back!</p>	<p>Please be sure to fill out the Free and reduced Lunch application for this school year!</p>	<p>Free and reduced priced lunch eligibility may also qualify students for school related benefits!</p>	<p>Breakfast Donut Sticks!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">29</p>	<p>Oatmeal Chocolate Breakfast Round!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">30</p>
	<p>Cinnamon Breakfast Bun! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">3</p>	<p>Whole Grain Blueberry Muffin! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">4</p>	<p>Whole Grain Cinnamon Pop Tart! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">5</p>	<p>Goody Breakfast Bun! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">6</p>
<p>Whole Grain Banana Breakfast Bread! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">9</p>	<p>Apple Frudel! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">10</p>	<p>Cinnamon Breakfast Crumb Cake! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">11</p>	<p>Sweet Potato Breakfast Bun! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">12</p>	<p>Mini Bagels with Strawberry Cream Cheese! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">13</p>
<p>Whole Grain Lemon Breakfast Bread! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">16</p>	<p>Chocolate Chip Oatmeal Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">17</p>	<p>Whole Grain Glazed Breakfast Donut! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">18</p>	<p>Whole Grain Strawberry Pop Tart! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">19</p>	<p>Whole Grain Apple Cinnamon Muffin! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">20</p>
<p>Honey Wheat Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">23</p>	<p>Whole Grain Blueberry Breakfast Bread! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">24</p>	<p>Strawberry Oatmeal Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">25</p>	<p>Cinnamon Breakfast Round! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">26</p>	<p>Banana Chocolate Breakfast Bar! Or Choice of Additional Breakfast Items!</p> <p>Choice of Chilled or Fresh Fruit Choice of Milk</p> <p style="text-align: right;">27</p>
<p>Monday Sept 30- Apple Breakfast Roll- or Additional Choices, Fresh or Chilled Fruit, Choice of Milk</p>				

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre 6-8. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup  
Milk choices include Non-fat Chocolate, or 1% White.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at [jbondi@wallingfordschools.org](mailto:jbondi@wallingfordschools.org)