

Wallingford Schools

January 2025

Lunch Price \$3.35



Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free lunch

Dag and Moran Middle School Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Back To School! Dutch Waffle! With Syrup Chicken Sausage Patties Baked Smile Fries Fresh or Chilled Fruit and Choice of Milk 2	Individual Deep Dish Cheese Pizza! Sweet Corn Salad Fresh or Chilled Fruit and Choice of Milk 3
Daily Alternates: WG Bagel Meal Cereal Meal Spicy Chicken Patty Meal Chef Salad not Available				
All Beef Hotdog on a Whole Grain Bun! Cheese Sauce Texas Ranchero Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 6	Whole Grain Breaded Chicken Fingers! With Boom-Boom Dipping Sauce Whole Grain Dinner Roll Sweet Potato Waffle Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 7	Cheesy Mac & Cheese! Garlic Breadstick Fresh Cut Cucumbers with Light Ranch Dressing or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 8	Belgian Waffle Sticks! With Syrup Chicken Sausage Patties Baked Tator Tots or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 9	Pizza Twisty Sticks! Pizza Sauce Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 10
Daily Alternates: WG Bagel Meal WG Cereal Meal Cheeseburger/WG Bun Meal Crispy Chicken Chef Salad				
Whole Grain Breaded Mini Chicken Corn Dogs! With Honey Mustard Dipping Sauce Baked Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 13	Whole Grain Breaded Chicken Nuggets! With Chickn-Dippin Sauce! Whole Grain Garlic Knot Roll Baked Spiral Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 14	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Fresh Made Tomato and Cucumber Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 15	Mini Cinnamon French Toast! Dipping Syrup Chicken Sausage Patties Fresh Cut Green Pepper Strips with Light Ranch Dressing or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 16	Stuffed Crust Pizza! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 17
Daily Alternates: WG Bagel Meal WG Cereal Meal Beef Hotdog Meal Turkey & Cheese Chef Salad				
	Loaded Potato Wedges! With Chicken Taco Meat, Broccoli, Cheese Sauce, Sour Cream, & Bacon Bits! Whole Grain Dinner Roll Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 21	Mini Breaded Cheese Ravioli! Marinara Dipping Sauce Broccoli Florets or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 22	Chicken & Waffle! Whole Grain Waffle with Breaded Chicken Fingers Dipping Syrup Fresh Grape Tomato or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 23	Pizza Bites! Whole Grain Baked Pizza Dough Pockets Filled with Mozzarella Cheese and Served with Pizza Sauce Green Leaf Tossed Garden Salad Fresh or Chilled Fruit, and Choice of Milk 24
Daily Alternates: WG Bagel Meal WG Cereal Meal Cheese Pizza Slice Meal Ham & Cheese Chef Salad				
Cheeseburger on a Whole Grain Pretzel Roll! Whole Grain Breaded Onion Rings or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 27	Walking Taco! Chicken Taco Meat over Dorito Tortilla Chips, With Lettuce, Tomato, and Cheddar Cheese Mexican Corn or Fresh Veggie Fresh or Chilled Fruit Choice, Choice of Milk 28	Beef and Chicken Meatball Grinder on a Whole Grain Grinder Roll! Tuscan Bean Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 29	French Toast Sticks! With Syrup Chicken Sausage Patties Sweet Potato Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 30	Cheese Pizza Slice! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 31
Daily Alternates: WG Bagel Meal Cereal Meal Crispy Chicken Patty Meal Meatball Chef Salad				

Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals. *Milk choices include Non-fat Chocolate, Skim, or 1%.*

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at

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This Organization is an Equal Opportunity Employer!