

Wallingford Schools

May 2025

Lunch Price \$3.35



Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free lunch

Dag and Moran Middle School Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Breaded Chicken Fingers With Chickn-Dippin Sauce! Whole Grain Garlic Knot Roll Baked Spiral Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 28	Steak & Cheese Grinder with Cheese Sauce! Whole Grain Onion Rings or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 29	Cheese Lasagna! Marinara Sauce Texas Toast Garlic Bread Fresh Made Tuscan Bean Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 30	French Toast Sticks! With Syrup Chicken Sausage Patties Sweet Potato Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 1	French Bread Pizza! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 2
Daily Alternates: WG Bagel Meal Cereal Meal Beef Hotdog Meal Popcorn Chicken Chef Salad				
Chicken Empanada Enchilada! Chicken, Mozzarella Cheese, and Enchilada Sauce Wrapped in a Whole Grain Crust Taco Fiesta Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 5	Popcorn Chicken Bites! Whole Grain Dinner Roll Honey Mustard Dipping Sauce Baked Waffle Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 6	Cheesy Mac & Cheese! Whole Grain Garlic Breadstick Fresh Grape Tomatoes or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 7	Sausage, Egg, & Cheese on a Whole Grain Croissant! Fresh Cut Green and Red Pepper Strips or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 8	Pizza Bites! Whole Grain Baked Pizza Dough Pockets Filled with Mozzarella Cheese and Served with Pizza Sauce Green Leaf Tossed Garden Salad Or fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 9
Daily Alternates: WG Bagel Meal WG Cereal Meal Spicy Chicken Patty Meal Turkey & Cheese Chef Salad				
Crispy Chicken Patty on a Whole Grain Roll! Boom Boom Sauce Baked Crinkle Cut Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 12	Cheeseburger on a Whole Grain Pretzel Bun! Onion Rings Baked Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 13	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Fresh Made Tomato and Cucumber Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 14	Half Day! Mini Cinnamon French Toast! Syrup Chicken Sausage Patties Sweet Potato Waffle Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 15	Individual Deep Dish Cheese Pizza! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 16
Daily Alternates: WG Bagel Meal WG Cereal Meal Cheese Pizza Meal Meatball Chef Salad				
Whole Grain Breaded Chicken Tenders! Whole Grain Dinner Roll Mashed Potato & Gravy or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 19	Taco Nachos! Chicken Taco Meat over Whole Grain Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Texas Ranchero Beans Gravy or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 20	PizzaBoli Calzone! Mozzarella Cheese and Pizza Sauce Wrapped in a Golden Sicilian Crust Fresh Cut Celery Sticks or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 21	Whole Grain Belgian Waffle Sticks! Syrup and Chicken Sausage Patties Fresh Baby Carrots or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 22	Cheese Pizza Square! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk 23
Daily Alternates: WG Bagel Meal WG Cereal Meal Crispy Chicken Patty Meal Crispy Sliced Chicken Chef Salad				
	Mini Breaded Cheese Ravioli! Whole Grain Dinner Roll Marinara Dipping Sauce Broccoli Florets or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 27	Loaded Potato Wedges! With Chicken Taco Meat, Broccoli, Cheese Sauce & Sour Cream! Whole Grain Dinner Roll Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 28	Dutch Waffle! With Syrup Chicken Sausage Patties Baked Tator Tots or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 29	Pizza Twisty Sticks! Pizza Sauce Tossed Garden Salad or Fresh Vegi Choice Fresh or Chilled Fruit and Choice of Milk 30
Daily Alternates: WG Bagel Meal WG Cereal Meal Cheeseburger Meal Mozzarella & Cheddar Chef Salad				

Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals. Milk choices include Non-fat Chocolate, Skim, or 1%.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at

jbondi@wallingfordschools.org

This Organization is an Equal Opportunity Employer!