

Wallingford Schools

March 2025



Lunch Price \$3.35

Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free lunch

Dag and Moran Middle School Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Chicken Tenders With Boom Boom Dipping Sauce! Whole Grain Dinner Roll Mashed Potato & Gravy or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 3	Taco Nachos! Chicken Taco Meat over Whole Grain Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Mexican Corn or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 4	Cheese Calzone! with Pizza Sauce Italian Mixed Vegetables or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 5	Whole Grain Belgian Waffle Sticks! Syrup and Chicken Sausage Patties Baked Beans or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 6	Cheese Pizza Slice! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk 7
Daily Alternates: WG Bagel Meal Cereal Meal Crispy Chicken Patty Meal Popcorn Chicken Chef Salad				
Popcorn Chicken Bites! With Chikn-Dippin Sauce! Whole Grain Dinner Roll Oven Baked Waffle Fries Or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk 10	Mini Breaded Cheese Ravioli! Garlic Breadstick Fresh Made Tomato and Cucumber Salad or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 11	Professional Development Day!	French Toast Sticks! With Syrup Chicken Sausage Patties Sweet Potato Fries or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 13	Cheese Pizza Bagel! Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk 14
Daily Alternates: WG Bagel Meal WG Cereal Meal Cheeseburger/WG Bun Meal Ham & Cheese Chef Salad				
St. Patrick Day Lunch! Golden Breaded Chicken Fingers with Mashed Potato & Gravy Whole Grain Dinner Roll Fresh Green Pepper Strips With Light Ranch Dip Or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 17	Cheesy Macaroni & Cheese! Texas Toast Garlic Bread Steamed Broccoli or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk 18	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Tuscan Bean Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 19	Dutch Waffle! With Syrup and Chicken Sausage Patties Baked Tator Tots or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 20	Pizza Twisty Sticks! Pizza Sauce Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 21
Daily Alternates: WG Bagel Meal WG Cereal Meal Beef Hotdog Meal Turkey & Cheese Chef Salad				
Whole Grain Breaded Mini Chicken Corn Dogs! With Honey Mustard Dipping Sauce Baked Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 24	Walking Taco! Chicken Taco Meat over Dorito Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Mexican Corn or Fresh Veggie Choice Fresh & Chilled Fruit Choices, Choice of Milk 25	Baseball Opening Day! Beef Hotdog on a Whole Grain Bun Baked Spiral Fries with Cheese Sauce Or Fresh Veggie Choice Fresh or Chilled Fruit, and Choice of Milk 26	Half Day! Mini Cinnamon French Toast! Dipping Syrup Chicken Sausage Patties Fresh Grape Tomato or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk 27	Individual Deep Dish Cheese Pizza! Green Leaf tossed Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 28
Daily Alternates: WG Bagel Meal WG Cereal Meal Spicy Chicken Patty Meal Crispy Chicken Chef Salad				
Cheeseburger on a Whole Grain Bun! Baked Whole Grain Onion Rings Sweet Potato Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 31	Loaded Potato Wedges! With Chicken Taco Meat, Broccoli, Cheese Sauce & Sour Cream! Whole Grain Dinner Roll Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 1	Beef and Chicken Meatball Grinder on a Whole Grain Grinder Roll! Fresh Cut Cucumber or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 2	Chicken & Waffle! Whole Grain Emoji Waffle with Breaded Chicken Fingers Dipping Syrup Texas Ranchero Beans or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 3	Pizza Taco Bites! Green Leaf tossed Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 4
Daily Alternates: WG Bagel Meal Cereal Meal Cheese Pizza Slice Meal Mozzarella & Cheddar Chef Salad				

Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals. Milk choices include Non-fat Chocolate, Skim, or 1%.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at

jbondi@wallingfordschools.org

This Organization is an Equal Opportunity Employer!