

Wallingford Schools

Dag & Moran Middle School Lunch Menu- February 2024

Lunch Price \$3.35

Free for those eligible for reduced priced lunch this school year

Free for those eligible for Free lunch

New Website for Online Payments: <https://lingconnect.com/DBDL9D>

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p>Steak & Cheese On a Whole Grain Grinder Roll! Baked Smile Fries Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">30</p>	<p>Boneless Whole Grain Breaded Chicken Drumsticks! Bakery Fresh Dinner Roll BBQ Baked Beans Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">31</p>	<p>Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Pizza Green Beans Fresh & Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">31</p>	<p>Whole Grain Belgian Waffle Sticks with Syrup! Chicken Sausage Patties Honey Ginger Carrots Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">1</p>	<p>French Bread Pizza! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">2</p>
Daily Alternates: Whole Grain Bagel Yogurt, and Cheese Stick Meal WG Cereal, Yogurt and Cheese Stick Meal Cheeseburger on a WG Roll				
<p>All Beef Hotdog on a Whole Grain Bun! With Cheese Sauce Baked Tator Tots Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">5</p>	<p>Far East Popcorn Chicken! Whole Grain Breaded Popcorn Chicken with Orange Sauce Served over Fried Rice Far East Vegetables Fresh or Chilled Fruit, and Choice of Milk Fortune Cookie!</p> <p style="text-align: right;">6</p>	<p>PizzaBoli! Mozzarella Cheese and Pizza Sauce Wrapped in Crispy Whole Grain Pizza Dough! Fresh Made Cucumber & Tomato Salad Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">7</p>	<p>Dutch Waffle! Syrup Chicken Sausage Patties Steamed Broccoli Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">8</p>	<p>Super Bowl Lunch! Whole Grain Breaded Chicken Fingers & BBQ Dipping Sauce Chips and Salsa BBQ Baked Beans Fresh or Chilled Fruit, and Choice of Milk Super Bowl Cookie!</p> <p style="text-align: right;">9</p>
Daily Alternates: Whole Grain Bagel Yogurt, and Cheese Stick Meal WG Cereal, Yogurt and Cheese Stick Meal Crispy Chicken Patty/WG Roll				
<p>Whole Grain Breaded Mini Chicken Corn Dogs! Red Beans & Corn Fresh or Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">12</p>	<p>Egg & Cheese on a Whole Grain Bagel! Sweet Potato Wedges Fresh or Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">13</p>	<p>Valentine's Day! Whole Grain Breaded Chicken Nuggets Whole Grain Garlic Breadstick Baked Smile Fries Fresh or Chilled Fruit Choices, and Choice of Milk Valentine Cookie!</p> <p style="text-align: right;">14</p>	<p>French Toast Sticks! With Syrup Chicken Sausage Patties Fresh Sliced Cucumbers Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">15</p>	<p>Cheese Pizza Slice! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">16</p>
Daily Alternates: Whole Grain Bagel Yogurt, and Cheese Stick Meal WG Cereal, Yogurt and Cheese Stick Meal Ham & Cheese L&T/ WG Roll				
	<p>Crispy Whole Grain Breaded Chicken Patty on a Whole Grain Roll! Sweet Potato Waffle Fries Fresh or Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">20</p>	<p>Cheesy Mac & Cheese! Texas Toast Garlic Bread Steamed Seasoned Broccoli Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">21</p>	<p>Chicken & Waffle! Whole Grain Waffle with Popcorn Chicken Dipping Syrup Lemon Roasted Carrots Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">22</p>	<p>Pizza Sticks! Bread Sticks Stuffed with Mozzarella Cheese and Topped with Pizza Sauce! Green Leaf Tossed Garden Salad Fresh & Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">23</p>
Daily Alternates: Whole Grain Bagel Yogurt, and Cheese Stick Meal WG Cereal, Yogurt and Cheese Stick Meal Spicy Chicken Patty WG Roll				
<p>Cheese Burger on a Bakery Fresh Whole Grain Bun! Baked French Fries Fresh or Chilled Fruit, and Choice of Milk</p> <p style="text-align: right;">26</p>	<p>Chicken Taco Nachos! Chicken Taco Meat over Whole Grain Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Fiesta Red Bean Salad Fresh & Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">27</p>	<p>Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Italian Mixed Vegetables Fresh & Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">28</p>	<p>Pancakes with Syrup & Strawberries! Whole Grain Breaded Chicken Tenders Fresh Grape Tomato & Basil Fresh & Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">29</p>	<p>Stuffed Crust Pizza! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit Choices, and Choice of Milk</p> <p style="text-align: right;">1</p>
Daily Alternates: Whole Grain Bagel Yogurt, and Cheese Stick Meal WG Cereal, Yogurt and Cheese Stick Meal Turkey & Cheese L&T/ WG Roll				

Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals.

Milk choices include Non-fat Chocolate, Skim, or 1%.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at jbondi@wallingfordschools.org