

Wallingford Schools

Pre-K Menu- February 2024

Lunch Price \$3.25

Free for those eligible for reduced priced lunch this school year

Free for those eligible for Free lunch

New Website for Online Payments: <https://lingconnect.com/DBDL9D>

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| Steak & Cheese On a Whole Grain Roll! Baked Smile Fries Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">29</div> | Boneless Whole Grain Breaded Chicken Drumsticks! BBQ Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">30</div> | Cheese Lasagna! Marinara Sauce Pizza Green Beans Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">31</div> | Whole Grain Belgian Waffle Sticks with Syrup! Chicken Sausage Patty Honey Ginger Carrots Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">1</div> | Cheese Pizza Slice! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">2</div> |
| <i>Daily Alternate Meal:</i> Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% Milk | | | | |
| Grilled Cheese on Whole Grain Bread! Baked Tator Tots Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">5</div> | Far East Popcorn Chicken! Whole Grain Breaded Popcorn Chicken with Orange Sauce Served over Fried Rice Far East Vegetables Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">6</div> | Cheese Pizza Slice! Fresh Made Cucumber & Tomato Salad Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">7</div> | Dutch Waffle! With Syrup Chicken Sausage Patty Steamed Broccoli Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">8</div> | Super Bowl Lunch! Whole Grain Breaded Chicken Fingers & BBQ Dipping Sauce BBQ Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk Super Bowl Cookie! <div style="text-align: right;">9</div> |
| <i>Daily Alternate Meal:</i> Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% Milk | | | | |
| Hamburger on a Whole Grain Bun! Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">12</div> | Egg & Cheese on a Whole Grain Hamburger Roll! Sweet Potato Wedges Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">13</div> | Valentine's Day! Whole Grain Breaded Chicken Nuggets! Baked Smile Fries Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">14</div> | French Toast Sticks! With Syrup Chicken Sausage Patty Fresh Sliced Peeled Cucumbers Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">15</div> | Cheese Pizza Slice! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">16</div> |
| <i>Daily Alternate Meal:</i> Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% Milk | | | | |
|  | Crispy Whole Grain Breaded Chicken Patty on a Whole Grain Hamburger Roll! Sweet Potato Waffle Fries Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">20</div> | Cheesy Mac & Cheese! Steamed Seasoned Broccoli Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">21</div> | Chicken & Waffle! Whole Grain Waffle with Popcorn Chicken Dipping Syrup Lemon Roasted Carrots Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">22</div> | Cheese Pizza Slice! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">23</div> |
| <i>Daily Alternate Meal:</i> Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% Milk | | | | |
| Cheese Burger on a Bakery Fresh Whole Grain Bun! Baked French Fries Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">26</div> | Chicken Taco Nachos! Chicken Taco Meat over Whole Grain Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">27</div> | Meatball Grinder! With Marinara Sauce on a Whole Grain Hotdog Roll Italian Mixed Vegetable Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">28</div> | Pancakes with Syrup! Whole Grain Breaded Chicken Tenders Fresh Grape Tomato & Basil Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">29</div> | Cheese Pizza Slice! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk <div style="text-align: right;">1</div> |

For in Class Ordering: Main Entrée=Choice 1 Cereal= Choice 2

All Menus meet the USDA meal Pattern requirements for Pre-K Students

Daily Alternate indicates main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meal.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at jbondi@wallingfordschools.org