




# Wallingford Schools Pre-K Menu- June 2024

Lunch Price \$3.25

Free for those eligible for reduced priced lunch this school year

Free for those eligible for Free lunch

New Website for Online Payments: <https://lingconnect.com/DBDL9D>

| <u>MONDAY</u>   | <u>TUESDAY</u>  | <u>WEDNESDAY</u>  | <u>THURSDAY</u>   | <u>FRIDAY</u>   |
|---|---|---|---|---|
| <b>Whole Grain Breaded Chicken Nuggets!</b><br>Honey Mustard Dipping Sauce<br>Fresh Cut Tomato Wedges<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">3</p> | <b>Egg &amp; Cheese on a Whole Grain Roll!</b><br>Crinkle Cut Fries<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">4</p> | <b>Meatball Sandwich!</b><br>Beef and Chicken Meatballs in Marinara Sauce, in A Whole Grain Hotdog Roll<br>Peeled Cucumber Slices<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">5</p> | <b>Popcorn Chicken &amp; Whole Grain Waffle!</b><br>With Syrup<br>Baked Beans<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">6</p>             | <b>Cheese Pizza Slice!</b><br>Green Leaf Tossed Garden Salad<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">7</p>                        |
| <b>Daily Alternate Meal:</b> Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% Milk  |   |   |   |   |
| <b>Cheeseburger on a Whole Grain Bun!</b><br>Sweet Potato Waffle Fries<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">10</p>                               | <b>Chicken Tenders!</b><br>BBQ Dipping Sauce<br>Baked Smile Fries<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">11</p>  | <b>Grilled Cheese on Whole Grain Bread!</b><br>Baked Beans<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">12</p>   | <b>French Toast Sticks!</b><br>With Syrup<br>Chicken Sausage Patties<br>Baked Tator Tots<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">13</p> | <b>Whole Grain Crispy Breaded Chicken Patty!</b><br>Green Leaf Tossed Garden Salad<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">14</p> |
| <b>Daily Alternate Meal:</b> Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% Milk  |   |   |   |   |
| <b>Cheese Pizza Slice!</b><br>Green Leaf Tossed Garden Salad<br>Fresh or Chilled Fruit and Unflavored 1% Milk<br><p style="text-align: right;">17</p>   |   |   |   | <b>Your Cafeteria Staff Wishes All of You a Safe, Happy, and Active Summer!</b>   |
|   |   |   |   |   |
|   |   |   |   |   |
| <b>Daily Alternate Meal:</b> Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% Milk  |   |   |   |   |

For in Class Ordering: Main Entrée=Choice 1 Cereal= Choice 2

**All Menus meet the USDA meal Pattern requirements for Pre-K Students**

**Daily Alternate** indicates main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meal.

**Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at**

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