

Wallingford Schools

September 2024



Lunch Price \$3.25

Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free lunch

Pre-K School Lunch Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Parents, Please be sure to fill out the Free and Reduced Lunch Application for this school year!</p>	<p>Free and reduced priced lunch eligibility may also qualify students for school related benefits!</p>		
	<p>Welcome to the Start of Your Learning Experiences!</p>	<p>Whole Grain Macaroni and Cheese! Steamed Broccoli Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>French Toast Sticks! With Syrup Chicken Sausage Patty Smile Fries Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Cheese Pizza Slice! Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk</p>
		4	5	6
Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk				
<p>Crispy Chicken Egg Roll! With Orange Dipping Sauce Far East Vegetables Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Cheeseburger on a Whole Grain Bun! Baked Crinkle Cut Fries Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Grilled Cheese on Whole Grain Bread! Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Dutch Waffle! With Syrup Chicken Sausage Patty Fresh Cut Tomato Wedges Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Cheese Pizza Slice! Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk</p>
9	10	11	12	13
Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk				
<p>Breaded Chicken Patty on a Whole Grain Bun! Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Whole Grain Breaded Chicken Tenders! Mashed Potato & Gravy Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Cheese Lasagna! Marinara Sauce Cucumber & Tomato Salad Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Mini Eggo Waffles! With Syrup Chicken Sausage Patty Sweet Potato Waffle Fries Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Cheese Pizza Slice! Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk</p>
16	17	18	19	20
Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk				
<p>Far East Popcorn Chicken! Whole Grain Breaded Popcorn Chicken with Orange Sauce Served over Fried Rice Steamed California Vegetables Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Taco Nachos! Chicken Taco Meat over Whole Grain Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Mexican Corn Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Meatball Grinder on a Whole Wheat Hot Dog Roll! Fresh Cut Tomato Wedges Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Whole Grain Pancakes! Syrup Chicken Sausage Patty Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk</p>	<p>Cheese Pizza Slice! Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk</p>
23	24	25	26	27
Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk				

All Menus meet the USDA meal Pattern requirements for Pre-K Students

Daily Alternate indicates main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meal.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5927 /jbondi@wallingfordschools.org

This organization is an equal opportunity employer