

# Wallingford Schools

## October 2024




Lunch Price \$3.25

Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free lunch

## Pre-K School Lunch Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken Drummies!</b> Mini Boneless Breaded Drumsticks BBQ Dipping Sauce Sweet Potato Waffle Fries Fresh or Chilled Fruit and Unflavored 1% Milk 30	<b>Loaded Potato Wedges!</b> With Chicken Taco Meat, Steamed Chopped Broccoli, and Cheese Sauce Fresh or Chilled Fruit and Unflavored 1% Milk 1	<b>Cheesy Mac &amp; Cheese!</b> Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk 2	<b>Egg &amp; Cheese on a Whole Grain Bun!</b> Baked Tator Tots Fresh or Chilled Fruit and Unflavored 1% Milk 3	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 4
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
<b>Cheeseburger on a Whole Grain Roll!</b> Baked Smile Fries Fresh or Chilled Fruit and Unflavored 1% Milk 7	<b>Chicken Nuggets!</b> Honey Mustard Dipping Sauce Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk 8	<b>Chicken Patty on a Whole Grain Bun!</b> Fresh Made Tomato and Cucumber Salad Fresh or Chilled Fruit and Unflavored 1% Milk 9	<b>Whole Grain Belgian Waffle Sticks!</b> Syrup and Chicken Sausage Patties Fresh Sliced Peeled Cucumbers Fresh or Chilled Fruit and Unflavored 1% Milk 10	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 11
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
	<b>Grilled Cheese on Whole Wheat Bread!</b> Oven Baked crinkle Cut Fries Fresh or Chilled Fruit and Unflavored 1% Milk 15	<b>Mini Breaded Cheese Ravioli!</b> Marinara Dipping Sauce Steamed Broccoli Fresh or Chilled Fruit and Unflavored 1% Milk 16	<b>French Toast Sticks with Syrup!</b> Chicken Sausage Patty Fresh Cut Tomato Wedges Fresh or Chilled Fruit and Unflavored 1% Milk 17	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 18
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
<b>Cheeseburger on a Whole Grain Pretzel Roll!</b> Whole Grain Breaded Onion Rings Fresh or Chilled Fruit and Unflavored 1% Milk 21	<b>Popcorn Chicken Bites!</b> Sweet & Sour Dipping Sauce Sweet Potato Waffle Fries Fresh or Chilled Fruit and Unflavored 1% Milk 22	<b>Meatball Grinder on a Whole Wheat Hot Dog Roll!</b> Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk 23	<b>Half Day! Mini Cinni French Toast!</b> Chicken Sausage Patty Baked Crinkle Cut Fries Fresh or Chilled Fruit and Unflavored 1% Milk 24	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 25
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
<b>Emoji Waffle!</b> Syrup, Chicken Sausage Patties Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk 28	<b>Walking Taco!</b> Chicken Taco Meat over Dorito Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Mexican Corn Fresh or Chilled Fruit and Unflavored 1% Milk 29	<b>Pasta and Meatballs!</b> Whole Grain Penne Pasta and Chicken and Beef Meatballs in Marinara Sauce Italian Mixed Vegetables Fresh or Chilled Fruit and Unflavored 1% Milk 30	<b>Halloween! Zombie (Chicken) Fingers</b> <b>Monster Mashed Potato With Ghoul Gravy</b> Freaky Fruit Monster Milk Creepy Cookie 31	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 1
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				

All Menus meet the USDA meal Pattern requirements for Pre-K Students

Daily Alternate indicates main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meal.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5927 /jbondi@wallingfordschools.org

This organization is an equal opportunity employer