

# Wallingford Schools

## January 2025

Lunch Price \$3.25



Free for those eligible for reduced priced lunch this school year, and Free for those eligible for free lunch

## Pre-K School Lunch Menu

Website for Online Payments: <https://lingconnect.com/DBDL9D>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>Back To School! Dutch Waffle!</b> With Syrup Chicken Sausage Patties Baked Smile Fries Fresh or Chilled Fruit and Unflavored 1% Milk 2	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 3
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
<b>Grilled Cheese on Whole Wheat Bread!</b> Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk 6	<b>Popcorn Chicken Bites!</b> Sweet Potato Waffle Fries Fresh or Chilled Fruit and Unflavored 1% Milk 7	<b>Cheesy Mac &amp; Cheese!</b> Fresh Cut Peeled Cucumbers with Light Ranch Dressing Fresh or Chilled Fruit and Unflavored 1% Milk 8	<b>Belgian Waffle Sticks!</b> With Syrup Chicken Sausage Patties Baked Tator Tots Fresh or Chilled Fruit and Unflavored 1% Milk 9	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 10
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
<b>Chicken Patty on a Whole Grain Bun!</b> Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk 13	<b>Whole Grain Breaded Chicken Nuggets!</b> With Chickn-Dippin Sauce Baked Crinkle Cut Fries Fresh or Chilled Fruit and Unflavored 1% Milk 14	<b>Hamburger on a Whole Grain Bun!</b> Fresh Made Tomato and Cucumber Salad Fresh or Chilled Fruit and Unflavored 1% Milk 15	<b>Half Day! Mini Cinnamon French Toast!</b> Chicken Sausage Patties Fresh Cut Green Pepper Strips with Light Ranch Dressing Fresh or Chilled Fruit and Unflavored 1% Milk 16	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 17
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
	<b>Loaded Potato Wedges!</b> With Chicken Taco Meat, Steamed Broccoli, and Cheese Sauce Whole Grain Dinner Roll Fresh or Chilled Fruit and Unflavored 1% Milk 21	<b>Mini Breaded Cheese Ravioli!</b> Marinara Dipping Sauce Steamed Broccoli Fresh or Chilled Fruit and Unflavored 1% Milk 22	<b>Chicken &amp; Waffle!</b> Whole Grain Waffle with Breaded Chicken Fingers Dipping Syrup Fresh Cut Tomato Wedges Fresh or Chilled Fruit and Unflavored 1% Milk 23	<b>Cheese Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit and Unflavored 1% Milk 24
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				
<b>Cheeseburger on a Whole Grain Bun!</b> Whole Grain Breaded Onion Rings Fresh or Chilled Fruit and Unflavored 1% Milk 27	<b>Walking Taco!</b> Chicken Taco Meat over Dorito Tortilla Chips Lettuce, Tomato, and Cheddar Cheese Mexican Corn Fresh or Chilled Fruit and Unflavored 1% Milk 28	<b>Beef and Chicken Meatball Sandwich on a Whole Grain Hotdog Roll!</b> Baked Beans Fresh or Chilled Fruit and Unflavored 1% Milk 29	<b>French Toast Sticks!</b> With Syrup Chicken Sausage Patties Sweet Potato Fries Fresh or Chilled Fruit and Unflavored 1% Milk 30	<b>Cheese Pizza Slice!</b> Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk 31
<b>Daily Alternates: Cereal, Yogurt, and Cheese Stick Meal with Unflavored 1% milk</b>				

All Menus meet the USDA meal Pattern requirements for Pre-K Students

Daily Alternate indicates main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meal.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5927 /jbondi@wallingfordschools.org

This organization is an equal opportunity employer