

Wallingford Schools

Elementary School Breakfast Menu- March 2023

All School Meals are Free through the End of the School Year.
Menu is subject to change due to ongoing supply chain issues
Breakfast is Not Served on Delayed Opening Days!

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Lemon Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 27	Apple Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 28	Mini Cinnis Cinnamon Roll! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 1	Oatmeal Chocolate Chip Breakfast Bar! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 2	Cinnamon Breakfast Crumb Cake! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 3
Banana Chocolate Breakfast Bar! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 6	Oatmeal Chocolate Breakfast Round! Apple Slices 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 7	Pumpkin Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 8	Mini Bagels With Strawberry Cream Cheese! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 9	Cinnamon Breakfast Bar! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 10
Whole Grain Cinnamon Pop Tart! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 13	French Toast Breakfast Bar! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 14	Blueberry Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 15	Chocolate Breakfast Crescent Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 16	Cinnamon Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 17
Banana Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 20	Apple Frudel! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 21	Professional Development Day! 22	Cinnamon Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 23	Blueberry Muffin! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 24
Lemon Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 27	Apple Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 28	Breakfast Donut Sticks! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 29	Oatmeal Chocolate Chip Breakfast Bar! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 30	Cinnamon Breakfast Crumb Cake! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 31

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre K-5. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup Milk choices include Non-fat Chocolate, or 1% White. Preschool is offered 1% white milk only.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at jbondi@wallingfordschools.org