

# Wallingford Schools Elementary School Menu January 2023

Lunch Price \$3.25

\$.40 for those eligible for reduced priced lunch

Free for those eligible for Free lunch

Website for online payments: [www.mypaymentsplus.com](http://www.mypaymentsplus.com)

Menu is subject to change due to ongoing supply chain issues

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Whole Grain Breaded Chicken Chunks!</b> Whole Grain Dinner Roll Baked Spiral Fries Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">3</p>	<b>Whole Grain Breaded Mozzarella Sticks!</b> Marinara Sauce Steamed Broccoli Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">4</p>	<b>Mini Eggo Pancakes!</b> Dipping Syrup Chicken Sausage Patties Baked Tator Tots Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">5</p>	<b>Pepperoni Pizza Slice!</b> Tossed Garden Salad Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">6</p>
<b>Daily Alternates:</b> Cereal, Yogurt and Cheese Stick Meal				
Popcorn Chicken Chef Salad with Dinner Roll				
<b>Cheeseburger On a Whole Grain Bun!</b> Whole Grain Breaded Onion Rings BBQ Baked Beans Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">9</p>	<b>Whole Grain Breaded Chicken Tenders!</b> Whole Grain Dinner Roll Mashed Potato & Gravy Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">10</p>	<b>Meatball Grinder!</b> Beef Meatballs Smothered in Marinara and Nestled in a Whole Grain Grinder Roll Italian Mixed Vegetables Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">11</p>	<b>French Toast Sticks with Syrup!</b> Chicken Sausage Patties Lemon Roasted Carrots Fresh & Chilled Fruit Choices, and Choice of Milk  <p style="text-align: right;">12</p>	<b>Pizza Taco Bites!</b> Whole Grain Quesadilla Dough Stuffed with Mozzarella Cheese, Beef and Taco Pizza Sauce! Tossed Garden Salad Fresh & Chilled Fruit Choices, and Choice of Milk  <p style="text-align: right;">13</p>
<b>Daily Alternates:</b> Cereal, Yogurt and Cheese Stick Meal				
Meatball Chef Salad with Dinner Roll				
	<b>Grilled Cheese on Whole Wheat Bread!</b> Baked Smiley Fries Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">17</p>	<b>Cheesy Mac &amp; Cheese!</b> Texas Toast Garlic Bread Fresh Made Cucumber & Tomato Salad Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">18</p>	<b>Whole Grain Dutch Waffle &amp; Syrup!</b> Chicken Sausage Patties Baked Sweet Potato Wedges Fresh & Chilled Fruit Choices, and Choice of Milk  <p style="text-align: right;">19</p>	<b>Whole Grain Pizza Crunchers!</b> Mozzarella Cheese and Pizza Sauce inside a Whole Grain Bread Coating! Pizza Dipping Sauce Tossed Garden Salad Fresh or Chilled fruit Choice of Milk  <p style="text-align: right;">20</p>
<b>Daily Alternates:</b> Cereal, Yogurt and Cheese Stick Meal				
Turkey & Cheese Chef Salad with Dinner Roll				
<b>Steak &amp; Cheese On a Whole Wheat Grinder Roll!</b> Baked French Fries Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">23</p>	<b>Walking Taco!</b> Chicken Taco Meat, and Cheddar Cheese Over Whole Grain Reduced Fat Doritos! Fresh Made Southwest Bean Salad Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">24</p>	<b>Whole Grain Cheese Calzone!</b> Mozzarella Cheese and Pizza Sauce Wrapped in a Golden Whole Grain Crust Pizza Green Beans Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">25</p>	<b>Mini Cinni French Toast!</b> Dipping Syrup Chicken Sausage Patties Fresh Grape Tomato & Basil Fresh or Chilled Fruit, and choice of Milk  <p style="text-align: right;">26</p>	<b>Stuffed Crust Pizza!</b> Tossed Garden Salad Fresh & Chilled Fruit Choices, and Choice of Milk  <p style="text-align: right;">27</p>
<b>Daily Alternates:</b> Cereal, Yogurt and Cheese Stick Meal				
Ham & Cheese Chef Salad with Dinner Roll				
<b>Beef Hotdog on a Whole Grain Bun!</b> With Cheese Sauce Whole Grain Onion Rings Baked Beans Fresh & Chilled Fruit Choices, and Choice of Milk  <p style="text-align: right;">30</p>	<b>Whole Grain Breaded Chicken Nuggets!</b> BBQ Dipping Sauce Whole Grain Dinner Roll Baked Potato Wedges Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">31</p>	<b>Whole Grain Breaded Mozzarella Sticks!</b> Marinara Sauce Capri Mixed Vegetables Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">1</p>	<b>Chicken &amp; Waffle!</b> Whole Grain Waffle with Popcorn Chicken Dipping Syrup Baked Sweet Potato Fries Fresh or Chilled Fruit, and Choice of Milk  <p style="text-align: right;">2</p>	<b>Whole Grain Pizza Twisty Sticks!</b> Pizza Dipping Sauce Tossed Garden Salad Fresh & Chilled Fruit Choices, and Choice of Milk  <p style="text-align: right;">3</p>
<b>Daily Alternates:</b> Cereal, Yogurt and Cheese Stick Meal				
Mozzarella & Cheddar Chef Salad with Dinner Roll				

For in Class Ordering: Main Entrée=Choice 1 Cereal= Choice 2

**Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals.**

**Milk choices include Non-fat Chocolate, Skim, or 1%.**

**Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 860-294-5928 or at**

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