

# Wallingford Schools

## Middle School Breakfast Menu- March 2023

All School Meals are Free through the End of the School Year

Breakfast is not served on delayed opening days

Menu is subject to change due to ongoing supply chain issues

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>Lemon Breakfast Bread!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  27	<b>Apple Breakfast Bun!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  28	<b>Mini Cinnis Cinnamon Roll!</b>  100% Fruit Juice Non-Fat Chocolate or 1% White Milk  1	<b>Oatmeal Chocolate Chip Breakfast Bar!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  2	<b>Cinnamon Breakfast Crumb Cake!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  3
<b>Banana Chocolate Breakfast Bar!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  6	<b>Oatmeal Chocolate Breakfast Round!</b>  Apple Slices 100% Fruit Juice Non-Fat Chocolate or 1% White Milk  7	<b>Pumpkin Breakfast Bread!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  8	<b>Mini Bagels With Strawberry Cream Cheese!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  9	<b>Cinnamon Breakfast Bar!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  10
<b>Cinnamon Pop Tarts!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  13	<b>French Toast Breakfast Bar!</b>  100% Fruit Juice Non-Fat Chocolate or 1% White Milk  14	<b>Blueberry Breakfast Bread!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  15	<b>Chocolate Breakfast Crescent Bun!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  16	<b>Cinnamon Breakfast Bun!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  17
<b>Banana Breakfast Bread!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  20	<b>Apple Frudel!</b>  100% Fruit Juice Non-Fat Chocolate or 1% White Milk  21	<b>Professional Development Day!</b>	<b>Cinnamon Breakfast Bun!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  23	<b>Blueberry Muffin!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  24
<b>Lemon Breakfast Bread!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  27	<b>Apple Breakfast Bun!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  28	<b>Breakfast Donut Sticks!</b>  100% Fruit Juice Non-Fat Chocolate or 1% White Milk  29	<b>Oatmeal Chocolate Chip Breakfast Bar!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  30	<b>Cinnamon Breakfast Crumb Cake!</b>  Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk  31

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre K-8. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup Milk choices include Non-fat Chocolate, or 1% White..

*Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at [jbondi@wallingfordchoools.org](mailto:jbondi@wallingfordchoools.org)*