

Wallingford Schools

Middle School Breakfast Menu- May 2023

All School Meals are Free through the End of the School Year

Breakfast is not served on delayed opening days

Menu is subject to change due to ongoing supply chain issues

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Apple Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 1	Breakfast Donut Sticks! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 2	Oatmeal Chocolate Chip Breakfast Bar! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 3	Cinnamon Breakfast Crumb Cake! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 4	Banana Chocolate Breakfast Bar! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 5
Oatmeal Chocolate Breakfast Round! Apple Slices 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 8	Pumpkin Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 9	Mini Bagels With Strawberry Cream Cheese! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 10	Cinnamon Breakfast Bar! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 11	Whole Grain Cinnamon Pop Tarts! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 12
French Toast Breakfast Bar! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 15	Blueberry Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 16	Chocolate Breakfast Crescent Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 17	Cinnamon Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 18	Banana Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 19
Apple Frudel! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 22	Cinnamon Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 23	Blueberry Muffin! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 24	Lemon Breakfast Bread! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 25	Apple Breakfast Bun! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 26
 Memorial DAY	Breakfast Donut Sticks! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 30	Oatmeal Chocolate Chip Breakfast Bar! 100% Fruit Juice Non-Fat Chocolate or 1% White Milk 31	Cinnamon Breakfast Crumb Cake! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 1	Banana Chocolate Breakfast Bar! Fresh Whole Fruit Non-Fat Chocolate or 1% White Milk 2

All Daily Breakfast menus meets the USDA School breakfast Program 5 Day meal pattern for grades Pre K-8. All meal components meet the USDA Whole Grain requirements, and equal one or two grains. All Fruit/Juice offered equals 1 cup Milk choices include Non-fat Chocolate, or 1% White..

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 203-294-5928 or at jbondi@wallingfordchoools.org