

Wallingford Schools

Elementary School Menu May 2023

All School Meals are Free through the End of the School Year!

Website for online payments for snack items: www.mypaymentsplus.com

Menu is subject to change due to ongoing supply chain issues

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Beef Hotdog on a Whole Grain Bun! Cheese Sauce Baked Crinkle Cut Fries Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">1</div>	Far East Orange Chicken! Breaded Popcorn Chicken with Orange Sauce Nestled in a Vegetable Fried Rice Oriental Vegetables Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">Fortune Cookie! 2</div>	Cheesy Mac & Cheese! Whole Grain Dinner Roll Fresh Made Fiesta Red Bean Salad Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">3</div>	Emoji Waffles with Syrup, Strawberries and Whipped Cream! Chicken Sausage Patties Sweet Potato Waffle Fries Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">4</div>	Whole Grain Pizza Twisty Sticks! Pizza Dipping Sauce Tossed Garden Salad Fresh & Chilled Fruit Choices, and Choice of Milk <div style="text-align: right;">5</div>
Daily Alternates: Cereal, Yogurt and Cheese Stick Meal Bagel, Yogurt & Cheese Stick Meal Cheese & Pepperoni Chef Salad with Dinner Roll				
Chicken Nuggets! BBQ Dipping Sauce Bakery Fresh Dinner Roll Fiesta Red Bean Salad Fresh & Chilled Fruit Choices, and Choice of Milk <div style="text-align: right;">8</div>	Grilled Cheese on Whole Grain Bread! Baked Smile Fries Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">9</div>	Cheese Lasagna! Marinara Sauce Texas Toast Garlic Bread Italian Mixed Vegetables Fresh & Chilled Fruit Choices, and Choice of Milk <div style="text-align: right;">10</div>	Whole Grain Pancakes! With Syrup Chicken Sausage Patties Sweet Potato Fries Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">11</div>	Pizza Quesadilla! Pizza Sauce and Mozzarella Cheese Tucked into a Whole Grain Quesadilla Tossed Garden Salad Fresh & Chilled Fruit Choices, and Choice of Milk <div style="text-align: right;">12</div>
Daily Alternates: Cereal, Yogurt and Cheese Stick Meal Bagel, Yogurt & Cheese Stick Meal Popcorn Chicken Chef Salad with Dinner Roll				
Cheese Burger on a Bakery Fresh Whole Grain Bun! Whole Grain Onion Rings Baked Beans Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">15</div>	Whole Grain Breaded Chicken Tenders! Baked Potato Wedges Whole Grain Dinner Roll Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">16</div>	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Whole Grain Dinner Roll Capri Mixed Vegetables Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">17</div>	Mini Eggo Waffles! With Syrup Chicken Sausage Patties Fresh Grape Tomato with Basil Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">18</div>	Pizza Bites! Whole Grain Baked Pizza Dough Pockets Filled with Mozzarella Cheese and Served with Pizza Sauce Green Leaf Tossed Garden Salad Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">19</div>
Daily Alternates: Cereal, Yogurt and Cheese Stick Meal Bagel, Yogurt & Cheese Stick Meal Ham & Cheese Chef Salad with Dinner Roll				
Whole Grain Breaded Chicken Patty on a Whole Grain Bun! Sweet Potato Fries Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">22</div>	Chicken Sausage, Egg & Cheese on a Whole Grain Croissant! Fresh Made Cucumber & Tomato Salad Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">23</div>	Chicken Parmesan Sandwich! Chicken Breast with Pizza Sauce & Melted Mozzarella Nestled in a Whole Grain Roll! Tuscan Bean Salad Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">24</div>	French Toast Sticks with Syrup! Chicken Sausage Patties Sweet Corn Salad Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">25</div>	Stuffed Crust Pizza! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">26</div>
Daily Alternates: Cereal, Yogurt and Cheese Stick Meal Bagel, Yogurt & Cheese Stick Meal Meatball Chef Salad with Dinner Roll				
 <div style="text-align: right;">30</div>	Whole Grain Breaded Mini Corn Dogs! Steamed Broccoli Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">30</div>	Meatball Grinder! Beef Meatballs on a Bakery Fresh Whole Grain Grinder Roll with Marinara Sauce Italian Green beans Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">31</div>	Whole Grain Dutch Waffle! With Syrup Chicken Sausage Patties Baked Tator tots Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">1</div>	French Bread Cheese Pizza! Green Leaf Tossed Garden Salad Fresh or Chilled Fruit, and Choice of Milk <div style="text-align: right;">2</div>
Daily Alternates: Cereal, Yogurt and Cheese Stick Meal Bagel, Yogurt & Cheese Stick Meal Turkey & Cheese Chef Salad with Dinner Roll				

For in Class Ordering: Main Entrée=Choice 1 Cereal Meal= Choice 2 Chef Salad=Choice 3 Bagel Meal=Choice 4

Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals.

Milk choices include Non-fat Chocolate, Skim, or 1%.

Call or e-mail us with questions or comments! Jim Bondi, Food Service Director at 860-294-5928 or at jbondi@wallingfordchools.org